

1. What professional designations do you have and what school and city did you attend for your lab education? I am an MLT and I graduated from NAIT in Edmonton, AB

2. After you graduated and started working, what surprised you most about your profession? How little the public knew about it-I had to explain my job as a lab tech to almost everyone I knew!

3. In 4 sentences or less, please describe what your current role is? I work as a Clinical Specialist for BD for the Specimen Management division of Life Sciences. My territory encompasses Western Canada (from BC to Northern Ontario). Outside of a pandemic year, I typically travel a few days a month. In this role I consult, manage new product conversions, provide both support and/or resources for a variety of Health Care Professionals, medical sites and even research facilities.

4. What does a typical day look like for you? A typical day would include responding to a number of inquiries from product usage and best practice to supporting our user sites with whatever may assist them in providing an improved patient experience. I usually attend at least one virtual meeting or conference call per day. Typically working on a variety of initiatives and projects simultaneously in addition to supporting stakeholders makes up the bulk of my workload.

5. What do you like most about your current position? There are many aspects I genuinely enjoy about my job in this position. For starters, I have really enjoyed getting to meet people and discovering unique places in our beautiful country. Moreover, the comradery of working on projects, boards, initiatives and various tasks together with both colleagues and or customers is very rewarding and creates bonds and experiences that are meaningful and enriching. Most of all though; I am grateful to be able to make an impact however small or large on advancing health care and making a difference in people's lives.

6. What do you like to do in your spare time? I really love the outdoors and being active; so, in my spare time I like to go for walks with my dog and love to try out new hikes and paths. This summer I was able to get away to Canmore for a mini vacation and really enjoyed the challenging hikes in the mountains.

7. If you could go back 20 years to visit yourself, what advice would you give? If I could go back 20 years to visit myself, I would tell myself the following: live in the moment, worry is a waste and always be true to yourself :)

8. If you could live anywhere, where would that be? Vancouver Island

9. What is the funniest thing that has happened to you at work? The funniest thing which was also very embarrassing was on my first site visit to a Vancouver hospital-this was a few years back when my colleague and I were about to deliver some educational sessions. On the way into

the room to start setting up, I lost my footing and slipped. My colleague had to help me off the floor! Luckily, the staff hadn't yet entered the room so only the Lab supervisor saw what happened and she was so sweet about it and kept asking me if I was alright:)

10. What is your favourite holiday and why? Easter is my favourite holiday; it's the time for new beginnings, fresh starts and better weather ahead!