



Rosa Jo



1. What professional designations do you have and what school and city did you attend for your lab education? **Medical Laboratory Technologist - Medical Laboratory Science Program from BCIT Masters of Arts, Healthcare Leadership – Trinity Western University**
2. After you graduated and started working, what surprised you most about your profession and/or those things that continue to surprise you? **All the ‘behind the scenes’ work many healthcare professionals do to care for patients.**
3. Tell us what you are most looking forward to about being in the BCSLS Board of Directors. **Working with people in the same profession to elevate medical laboratory professions in BC. Thinking of innovative ways to help our professionals and the patients/healthcare system.**
4. Describe what your current work role is and what a typical day looks like for you? **Currently, I am an Operations Manager in Fraser Health Laboratories responsible for Burnaby Hospital, Eagle Ridge Hospital, Ridge Meadows Hospital, and Royal Columbian Hospital. A typical day for me is filled with various touch base with the lab leaders of the hospitals to help answer their questions and support them in any/every way I can. Basically, it’s ensuring the operations of the labs I oversee are run smoothly and that patients at the sites are cared for. This comes in forms of meetings, emails, and connections I get to build in my role.**
5. What do you like most about your position? **The people I get to work with! They are pretty amazing.**
6. Which career accomplishments are you most proud of? **The friends I made along the way!**
7. What do you like to do in your spare time? **Be outdoors with my husband! Or indoors if it’s raining out... Just unplugging from the world and being present.**
8. If you could go back 20 years to visit yourself, what advice would you give? **Have fun. Be a teenager and live it to the fullest! (A little less studying doesn’t hurt)**
9. If you could live anywhere, where would that be? **Somewhere in Europe...**
10. What is the funniest thing that has happened to you at work? **I wore heels to work one day and people thought I borrowed a pair from my director. (I usually wear more on the casual side...but I do own heels of my own)**

11. What is your favourite holiday/time of year and why? Christmas/December. Just a warm-fuzzy feeling time for me and also get to celebrate our wedding anniversary! I just love Christmas.